20 mm

Print Area

Nutritional information

Meal replacement for weight control

With a perfect blend of high quality protein, fibre and vitamins & minerals, Formula 1 offers both great nutrition and convenience in one delicious shake. Enjoy Formula 1 as a nutritional breakfast, lunch or dinner to support your active lifestyle and weight management goals*.

Formula 1 shake contains 25 vitamins and minerals, including vitamin D which contributes to the normal function of the immune system, and vitamin C which contributes to the reduction of tiredness and fatigue. Formula 1 is made of ingredients that are vegan sourced, is gluten free and contains no artificial colours or flavours.

You no longer have to choose between healthy meals and convenience - the Formula 1 shake is quick and easy to prepare!

DIRECTIONS FOR USE: Enjoy a Formula 1 shake every day as a nutritious meal. Gently shake the canister prior to each use as content may settle. Mix two tablespoons (26 g) of powder with 250 ml of cold, semi-skimmed milk (1.5 % fat). Enjoy this product within a balanced and varied diet as part of a healthy, active lifestyle. Check out myherbalifeshake.com for additional shake recipes and serving suggestions.

Quick and easy to prepare



- * For weight control: Substituting two of the main daily meals of an energy restricted diet with meal replacements contributes to weight loss. Replace two meals per day with a delicious Formula 1 drink and take a balanced meal.
- * For balanced nutrition support and weight maintenance: Substituting one of the main daily meals of an energy restricted diet with a meal replacement contributes to the maintenance of weight after weight loss. Replace one meal per day with a delicious Formula 1 drink and eat two balanced meals.

Meet your daily caloric goals by also consuming nutritious snacks.

Store with lid closed in a cool, dry place.

30-day money-back guarantee.

This guarantee does not affect your statutory rights. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

This product is intended for use as part of an energy restricted diet and with other foodstuffs, in conjunction with regular physical activity. It is important to maintain adequate fluid intake. It is important to follow these directions as indicated.

Herbalife Nutrition advises before beginning any weight management program, it is advisable to consult a physician. A healthy weight management program should include modest caloric intake, balanced diet and regular physical activity.

Best before and lot number: See base of container

NET WEIGHT: 550 q ${f e}$



Formula 1

Healthy meal

Meal replacement shake mix for weight control and healthy nutrition

- 25 Vitamins and minerals
- · High protein

summer berries







WHERBALIFE

NAME: LPR4470V1-00 DESC: F1 Shake Rasp Blueberry

DIE: **LPM 00134** 01.17.19

PROGRAM: InDesign CC 2018

DIELINE : AGILE SERVER NONE

W: 327 mm H: 154 mm

Serving size: 26 g Servings per container: 21 Per 250 ml of Per 100 q made up product** Enerav 10 g of which saturates . mono-unsaturates polyunsaturates. Carbohydrate . (12.36 g from milk) 18 g of which: sugars Salt...... VITAMINS 1.2 g . . 0.6 g % RI*** 1310 µg RE 164 % Vitamin A 7.3 μg ... 17 mg α-TE 110 μg 2.0 μg . 4.6 mg α-TE 29 μg 31 mg . Vitamin D 146 % Vitamin F 142 % 147 % Vitamin K 130 % 109 % 0.42 mg Riboflavin. 0.35 mg . 25 % 0.55 mg

	Niacin	23 mg NE	144 %	6.	.1 mg NE
	Vitamin B6	1.ĕ mq	114 %		0.53 mg
	Folic acid	250 μg	125 %)	75.8 μq
	Vitamin B12				
	Biotin				
	Pantothenic acid				
	MINERALS				
	Potassium	1420 mg	71 %)	768 mg
J	Calcium				
٩	Phosphorous	890 mg	127 %)	466 mg
1	Magnesium	431 mg	115 %)	143 mg
ı	Iron	21 mg	150 %)	5.6 mg
	Zinc		110 %		3.9 mg
Ž	Copper	1.7 mg	170 %)	0.47 mg
1	Manganese				
1	Selenium				
9	Chromium				
1	Molybdenum				
ı	lodine				
** Per made up product = 26 g serving with 250 ml semi skimmed milk (1.5 % fat)					13
м	444 D. C	5		. ,	

INGREDIENTS: Soy protein isolate, fructose, inulin, gluten-free oat fibre, soy oil, minerals mixture (calcium citrate, magnesium oxide, ferrous fumarate, sodium selenite, zinc oxide, manganese carbonate, chromium (III) chloride, potassium iodide, cupric citrate), natural flavouring, potassium phosphate, emulsifier (**soy** lecithin), organic¹ flaxseed powder, thickeners (xanthan gum, guar gum), colour (beetroot red), vitamins mixture (L-ascorbic acid (Vit. C). DL-alpha-tocopheryl acetate (Vit. E), nicotinamide (Niacin), retinyl acetate (Vit. A), calcium D-pantothenate (Pantothenic acid), D-biotin (Biotin), cholecalciferol (Vit. D), phylloquinone (Vit. K), pyridoxine hydrochloride (Vit. B6), thiamin hydrochloride (Vit. B1), cyanocobalamin (Vit. B12), riboflavin (Vit. B2), pteroylmonoglutamic acid (Folic acid)), sodium chloride, sweetener (steviol glycosides), papaya fruit powder, parsley herb powder, blueberry fruit powder, pomegranate fruit powder, anti-caking agent (silicon dioxide). Allergy advice: for allergens see ingredients in **bold**. 2 % of the agricultural ingredients derive from organic agriculture

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Imported and distributed in Ghana by: HERBALIFE OF GHANA LTD. Plot No. 127b, Tema Motorway Industrial Area, Spintex Road, Accra, Ghana

Manufactured by: Fine Foods NTM S.p.A.

Via Berlino 39, 24040 Zingonia-Verdellino, Bergamo, Italy

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17 mm

40 % 38 %

39 %

38 % 38 %

42 %

62 %

FOOD

950 W 190th ST., TORRANCE, CA 90502 ECO 73023 310-410-9600 COLORS: PROOF: FA3 OPERATOR: Megan X DATE: 01.17.19 VARNISH

Smallest Type Size: 6/6.5 Side panel tracking: -2 Side panel scaling 90% Agamik 4.44: 06.14.18

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